



The Arapahoe Sertoman

THIS WEEK IN REVIEW ..July 22, 2010
This week's Reporter – Don Smith

Song: Dick Mason **Pledge:** all **Prayer:** Doug Harder

Quote: Never judge a book by it's movie.

Guests: Jim Britton but I think he will be sworn in next week.

Fines: Bezjak had a little trouble dressing himself today so he was fined for his shirt being inside out.

Announcements Memorial services for Mabe Downey will take place 7pm on July 27th at Fellowship Church, 6560 S. Broadway.

Gus's wife Carolyn sent the club an update on Gus. He had some complications after surgery so he is in ICU. The club passed a card around for all to sign and send to Gus. Get well soon Gus.

Tim asked who needed new Directory fillers or complete book. I ask Tim to find out if the Directory is in an electronic form, it would save a lot on paper and covers plus be easy to distribute updates.

The Perfect Attendance award for last fiscal year also goes to Jim Rees. He failed to inform me of other qualifying events so if you go to a conference or other club etc., let me know so you get credit.

Will Martinez has King Soopers coupons. The club receives 5% but only 4 people regularly use the service. The card is like a debit card so it's easy to use.

Sertoman of the Day: n/a

Program Rick Jacobus introduced Bob Gallagher, instructor with Eagle Spirit Academy Taekwondo and 2008 Olympic alternate. Bob brought some of his best students of which all are straight A students and give back to the community in various aspects.

(from their web page) Eagle Spirit Academy's first school was originally established in 1994 in Cody, Wyoming; and our second school is located in Littleton, Colorado. ESA stands for Eagle Spirit Academy and Every Student Aspires. Eagle Spirit Academy develops students of all ages who aspire to grow, learn and become a meaningful part of their community.?

We have sponsored and qualified Junior and Senior competition teams every year since 1994. Eagle Spirit Academy has produced over 200 Junior and Senior National Champions of all ranks and ages.

Eagle Spirit hosts the annual Attitude for Gold Tournament which honors our men and women in the U.S. Armed Forces.

ESA established a Kids Program for young children to experience martial arts in a friendly but

disciplined atmosphere. This program also teaches them stranger danger, fire safety, 911 emergency and many other life saving skills.

Our Academy continues to provide self-defense seminars to local Colorado schools and businesses?

Eagle Spirit has established two non-profit organizations that support elite and Olympic athletes who are train with ESA. These non-profit groups make contributions to organizations such as Cancer Research Center, Special Olympics, Boys and Girls Clubs, Disabled American Veterans, and the Humane Society. They also sponsor numerous fund raising efforts that benefit the advancement of the our students as well as give back to the local community.

We established a Leadership and Mentoring Program in the public schools of Cody, Wyoming; which is supported by referrals from the Department of Family Services and the Park County Mental Health Services.

The Academy received numerous business awards including Business of the Year for developing outreach programs as well as awards for supporting educational efforts, safety and physical education within the community. <http://www.esatkd.com/index.htm>

Handshake Prize: n/a **Pot of Gold:** Don Nelson **Flying Five:** n/a

Upcoming programs:

- July 29: Todd Welter – Healthcare update
- August 5: Mike Bohn – CU Athletic Dir.
- Aug 12: Brian Gish – Gifts, Goals Guts!
- Aug 19: Mike Befler – Secret of Growing Old Gracefully
- Aug 26: Jack Farland – Classic Auto Restoration

Upcoming SOD list:

- July 29 – Regular Meeting – Jim Helmick
- Aug 5 – Regular Meeting – Orian Hunter
- Aug 12 – Regular Meeting & BOD – Rick Jacobus

<http://picasaweb.google.com/ArapahoeSertoma/ArapahoeSertomaPhotos>

District web site: www.SertomaColorado.com

Baby's Cochlear Implant Activation http://www.hearingreview.com/insider/2010-07-08_02.asp